35 South St.
Park Lane W.
Feb 16/78

Dear Sir
I send according to your kind directions
my Cook, Annie Richards.
She took the Tonic, the prescription of which
I enclose, up to yesterday: deny the 'fortnight'
according to your orders.
I also enclose the prescription of her Aperient
& of her 'Antiseptic' powders: which she is still taking.
She ~~also~~ has 2 glasses of Burgundy a day: &
observes the rules of Diet you were so kind as
to give her.
Would you be so very good as to write me
your orders & your opinion respecting her?

And would you also
kindly return me
the Prescriptions

Yours faithful Servt.
Florence Nightingale

Dr. Armitage

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